

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:2828

ANSWERED ON:05.12.2007

LIFE STYLE DISEASES

Manoj Dr. K.S.;Nikhil Kumar Shri

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether the Government has conducted any study on the rise in the incidence of Lifestyle diseases in the country;
- (b) if so, the details thereof;
- (c) whether the Government has evolved any policy under the National Health Policy to look into the various aspects of this problem;
- (d) if so, the details thereof; and
- (e) the measures taken by the Government to combat this emerging public health problem?

Answer

THE MINISTER OF HEALTH AND FAMILY WELFARE (DR. ANBUMANI RAMADOSS)

(a) & (b): According to Indian Council of Medical Research (ICMR) there is no authentic data in the country regarding time trends for non-communicable diseases. Various reports estimate that 10-15% of the adults suffer from hypertension; approximately 8 lakh die from coronary heart disease and more than 6 lakh people die from stroke. There are about 20 lakh cases of cancer in India at any given point of time and approximately an incidence of 7 lakhs new cases every year. Over the past decades ICMR's research programs have addressed the major lifestyle related non-communicable diseases. It was estimated that about 22.4 million cases of IHD would have occurred in India in 2004 and 16 million disability adjusted life years would have been lost due to Ischemic Heart Disease (IHD). It was also estimated that 9.3 lakhs cases and 6.3 lakhs deaths would have occurred due to stroke. 37.8 million diabetics were estimated to have occurred during 2004 and about 2.3 million years of potential life lost due to diabetes. 8 lakhs of cases of cancer were estimated during 2004 and about 2.5 lakhs were estimated to have died due to cancer. The information on incidence rate of cancer is available through the Population Based Cancer Registries functioning under the National Cancer Registry Programme of ICMR. An exercise to assess the trends in cancer occurrence in these registries areas is being undertaken. The preliminary results of this exercise indicate increase in cancer incidence rate in Chennai and Bhopal. Two studies of ICMR relate to various aspects of lifestyles in mental health problems in urban areas. The task force study on "Urban mental health problems and service needs" carried out in three major cities in northern and southern India i.e. Chennai, Delhi and Lucknow, has highlighted problems relating to stress, alcohol and adolescent abuse.

(c) to (e): The Govt. of India is administering national programs relating to Cancer, and Mental Health. Recently, a National program on Prevention and Control of CVD, Diabetes and Stroke has been formulated for implementation in pilot phase in current year (2007-08).